

UPDATE

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Week of February 4, 2013

CAMPUS AIDES—A GOOD START

AALA is pleased to see that **Superintendent Deasy** has allocated two campus aides to elementary, middle and span schools to improve supervision at those sites. We appreciate this initial step to address the appalling lack of resources with which school sites have been dealing for the past several years. While the District has continued to say that the safety of students and staff is a top priority, it has been woefully lacking in tangible evidence of such. But since public education received such tremendous support from voters with the passing of Proposition 30 and the horrible tragedy in Connecticut, it has become incumbent upon LAUSD to put some renewed emphasis on school safety. And while we were happy to see the memo from **Michelle King**, Senior Deputy Superintendent, School Operations, indicating that selected schools would receive two aides as early as March 1, 2013, we want to acknowledge that this is a very small step toward providing the resources that schools need to ensure student and staff safety.

Last month, **President Obama** laid out a series of new and reinvigorated federal programs aimed at bolstering districts' emergency preparedness; helping schools hire safety personnel, social workers, and psychologists; and training teachers to better identify students with mental illness. The core of his proposal was the improvement of mental health services in order to promote school safety. Last week's *Update* featured an article about the LAUSD School Mental Health Unit and the many services it provides. Yet, it is inadequately staffed; the ratio of mental health clinicians to students is 1:2,200, compared to the recommended ratio of 1:250. In terms of counselors, California has the highest student to counselor ratio in the nation, 1:1,105. Research has shown that there is an inextricable connection between students' social, emotional and mental health and their academic success. Economic constraints have dealt a heavy blow to support staff at a time when the recession and its aftermath have burdened students and their families with extra stressors. **Lynn Linde**, former president of the American Counseling Association, stated, "You can have the most outstanding curriculum in the world and the finest-trained teachers in a school, but if you have kids who are unavailable for learning because of what's going on in their personal lives, it doesn't matter." We urge District leadership to improve support services for students while we have the momentum on safety and improved funding from Proposition 30. Use some of the additional revenue to improve the norm allocations for supervision, counseling and other support personnel.

Despite the plethora of new schools in LAUSD, the majority of the sites are more than 50 years old. Some date back to the 19th century and others are over 60 acres in size. We must look at the facilities in terms of safety and improve the infrastructure utilizing current technology. Administrators and staff need the ability to see who may be entering a campus, windows and other entrances should be retrofitted, covered by heavy-duty plastic glass or screens, to further limit access to buildings. Schools need to be equipped with updated P.A. systems, motion detectors, security cameras, early warning systems and working burglar alarms. The School Police Department is in need of technology updates, as well, and yes, we need more police officers and security personnel on our campuses and other sites.

As we thank the Superintendent for taking this first step with the campus aides, there is much more that can and must be done to ensure that LAUSD is providing an atmosphere conducive to learning and a climate that will enable the children and adults of the District to flourish.

UNIT J ELECTS JOB STEWARDS

Voting for Job Stewards concluded at 5:00 p.m., Tuesday, January 29, 2013, with 67% of Unit J active AALA members voting. Due to an extremely close number of votes cast for the candidates, Unit J will have one Senior Steward and five Job Stewards. We thank all who applied and congratulate the elected Job Stewards who will serve through June 30, 2015: **Stacy Barnett (Senior Steward), Richard Henry, Richard Laret, Donal McConville, Laura Ramirez and Larry Turgeon.** We look forward to working with you.

MEETINGS WITH ITD STAFF CONTINUE

AALA staff members recently held a second meeting to address issues related to ISIS and services to school end users. Attendees at the meeting included **Ron Chandler**, Chief Information Officer, and members of his staff, as well as AALA administrators and UTLA IT coordinators. AALA wishes to thank Mr. Chandler for his candor and willingness to involve school end users as program designs are being changed. A full summary of the meeting will be published in next week's *Update*.

INFRASTRUCTURE, SAFETY AND SECURITY DESIGN GUIDELINES

The Facilities Services Division (FSD) of the Los Angeles Unified School District has been engaged in assessing the conditions of its existing school facilities for future capital investments as part of the next phase of the Bond Program. A key component of the assessment is reviewing and updating the FSD's design guidelines related to campus safety and security infrastructure. FSD staff members have been consulting with school-site administrators, as well as industry professionals, throughout this process.

The guidelines are intended to serve as a best practices document addressing school security as it relates to the planning, design and operational protocols of the physical environment. Topics addressed include items such as general planning requirements for perimeter fencing, security lighting, vehicular access and parking security, communications systems, building access control and surveillance.

STEVE ZIMMER EVENT

AALA members are invited to attend a dinner reception to support **Steve Zimmer** in his bid for re-election to the Board of Education. It will be held at the Empress Pavilion, 988 N. Hill Street, Los Angeles 90012, on Wednesday, February 13, 2013, from 5:00 – 7:00 p.m. Tickets are \$100 per person and checks may be made out to Steve Zimmer for School Board 2013 and mailed to 3700 Wilshire Blvd., Suite 1050-B, Los Angeles, CA 90010. For additional information, please call 818.715.1128.

HEALTH BENEFITS FAQ

Topic: IS IT A COLD OR THE FLU?

What is the difference between a cold and the flu?

The flu and the common cold are both respiratory illnesses but they are caused by different viruses. Because these two types of illnesses have similar flu-like symptoms, it can be difficult to tell the difference between them based on symptoms alone.

What are the symptoms of the flu versus the symptoms of a cold?

In general, the flu is worse than the common cold, and symptoms such as fever, body aches, extreme tiredness and dry cough are more common and intense. Colds are usually milder than the flu. People with colds are more likely to have a runny or stuffy nose. Colds generally do not result in serious health problems, such as pneumonia, bacterial infections or hospitalization.

How does the flu spread?

Most experts believe that flu viruses spread mainly by droplets sprayed when people with the flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might also get the flu by touching a surface or object that has flu virus on it and then touching their own mouth, eyes or possibly their nose.

What is the period of contagion?

You may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick. Most healthy adults may be able to infect others beginning one day before symptoms develop and up to five to seven days after becoming sick. Some people, especially young children and people with weakened immune systems, might be able to infect others for an even longer time.

What health practices might help prevent getting the flu?

- Get your seasonal flu shot. The CDC says this is the best way to prevent the flu.
- Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.
- If possible, stay home from work, school and errands when you are sick. You will help prevent others from catching your illness.
- Cover your mouth and nose with tissue when sneezing or coughing. It may prevent those around you from getting sick.
- Wash your hands often to help protect you from germs. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose or mouth. Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose or mouth.
- Clean and disinfect frequently touched surfaces at home, work or school.

When would I need to take an antiviral drug for the flu?

Antiviral drugs are used to treat the very sick and should be administered within two days of flu onset. Your health practitioner will help you determine your need for one of the two available antiviral drugs—Tamiflu® (liquid) or Redenza® (powder).

PHYSICAL ACTIVITY AND ACADEMIC DEVELOPMENT

Two recent studies have shown the benefit that physical activity has on intellectual and academic development. The first, published in the *Journal of Sports Medicine and Physical Fitness*, found a connection between a student's physical condition and his or her scores on subject-matter tests. Researchers looked at health-related fitness in five areas: body composition, cardiorespiratory endurance, flexibility, muscle strength and muscular endurance. Data was collected from the scores of 312 sixth through eighth grade students on Fitnessgram Tests. Scores are based on whether students fall into a health fitness zone (HFZ) as opposed to a percentile score. The study found that students who fell into the HFZ in all five fitness areas scored higher on subject-matter tests and received better academic marks than those who did not. This is the third study to suggest a connection between physical activity and academic success. However, these are all early findings and a direct causal relationship between a child's weight and his or her academic performance has not been fully established.

In the same arena, the Griffith Institute for Educational Research surveyed 7,000 children less than five years of age to see if there was a connection between those who participated in swimming and increased intellectual development. Researchers found that the children who swam scored significantly better than the normal population on cognitive, language and physical development. They also scored better in visual-motor skills, literacy and mathematically related tasks. This suggests that young swimmers are better prepared for school. Interestingly, the developmental differences between swimmers and nonswimmers were not affected by their gender or socioeconomic backgrounds.

Both studies can be accessed at www.edweek.org.

LAUSD SELECTED TO PILOT LINKED LEARNING

Recently, the California Department of Education selected LAUSD as one of 20 districts, direct funded charter schools and county offices of education to pilot linked learning programs that combine academic coursework, technical training and real-world applications. The program was authorized in legislation introduced by former Board Member and State Assemblyman **Warren Furutani** and will be used to assess how Linked Learning can be expanded to schools across the state. High schools with linked learning programs typically offer several courses in one or more career paths and the theme permeates the curriculum. Although the state did not allocate additional funding, it did commit to providing technical assistance during the planning and implementation phases and the James Irvine Foundation has committed \$37 million to districts that are implementing the program. The pilot programs are also supported by the Linked Learning Alliance, a group of community college and university representatives, union organizations and private firms. 2012-2013 is the planning year for participants with the programs being launched in the fall of 2013. The pilots will operate through the 2016-2017 school year and will be evaluated on outcome data, including (1) student dropout and graduation rates; (2) number and percent of students who meet the A-G requirements; and (3) workforce data—number and percent of those who earn a certificate, license or equivalent in a designated occupation.

VOLUNTEERS STILL NEEDED FOR ACADEMIC DECATHLON

Volunteers are still needed on Saturday, February 2, to assist with the Academic Decathlon events. In the morning, volunteers are needed to proctor the written exams from 7:30 a.m. to 2:30 p.m., and in the afternoon, help is needed to proctor the Super Quiz Relay from 2:30 p.m. – 6:00 p.m. All events are at Roybal Learning Center, 1200 West Colton Street, Los Angeles 90026. Contact **Cliff Ker**, Academic Events Coordinator, Beyond the Bell, at 213.241.3503 or at cliff.ker@lausd.net if you have any questions.

The Academic Decathlon Awards Ceremony is Friday, February 8, at 6:30 p.m. in the Hollywood High School Auditorium. Tickets purchased by February 2 are \$5. After February 2, the price is \$8. If you would like to attend this special event that celebrates academic accomplishments, contact Cliff Ker regarding tickets.

ANNUAL SUMMARY OF WORK-RELATED INJURIES & ILLNESSES

California State law requires every District school and office to display the Annual Summary of Work-Related Injuries and Illnesses (Cal/OSHA Form 300A) in a conspicuous place where notices to employees are customarily posted. This form must be posted from February 1 through April 30 every year.

An online Reference Guide 5693.0, *Cal/OSHA Log of Injuries and Illnesses*, is available at www.lausd-oehs.org/docs/ReferenceGuides/REF-5693.pdf, which is posted on Inside LAUSD and on the Office of Environmental Health and Safety (OEHS) website. Please ensure the site-specific logs are posted at every school and office to maintain compliance and prevent Cal/OSHA from issuing citations. A completed Cal/OSHA Form 300A for each site may be downloaded at www.lausd-oehs.org/OSHAform300.asp the last week of January.

Information for the Form 300A Summary was compiled from employee injuries listed on the detailed Log of Work-Related Injuries and Illnesses (Cal/OSHA Form 300). This information is maintained by the OEHS at 333 S. Beaudry Avenue, 28th Floor, Los Angeles, California 90017. If you have any questions regarding the posting requirement or believe the information on the website is inaccurate, please contact the OEHS at 213.241.3199 or www.lausd-oehs.org.

EVERYDAY HEROES

The LAUSD *Everyday Heroes* recognition program honors classified employees who have demonstrated excellence in work performance, school and community involvement, leadership and commitment to the District and its students. For more information about *Everyday Heroes* or to nominate an outstanding classified employee, please visit <http://classifiedtraining.lausd.net> (click on “Employee Recognition”).

REMINDER: OUTSTANDING SCHOOL PSYCHOLOGIST AWARD

The Los Angeles Association of School Psychologists (LAASP), the local affiliate of the California Association of School Psychologists, is now accepting applications for the annual Outstanding School Psychologist of the Year Award. Administrators are asked to nominate a school psychologist who has provided outstanding service. This formal recognition often validates the school psychologist's dedication, pride and commitment to providing exceptional services. To obtain more information, please contact **Dr. Beverly Williams** at 818.255.5174 or beverly.x.williams@lausd.net.

SAVE THE DATES!

ACSA-R Region XVI is hosting a wine and cheese reception at Taix Restaurant on Thursday, March 7, 2013, from 2:00 – 4:00 p.m. All retirees are invited. For more information, contact **Mike Perez** at mperez@aala.us or 213.484.2226.

The Multicultural Coalition, which is comprised of representatives from COBA, CMAA, AJE, AAPA, AMAE and FAEA, is holding a networking event on Tuesday, March 12, 2013, from 5:00 – 7:00 p.m. at Taix Restaurant. It will be an opportunity for AALA members to hear a guest speaker, have refreshments and connect with colleagues and guests.

IN MEMORIAM

RICHARD BAIM—Former coordinator of the Angel Gate Academy Program, adviser in Region H and assistant principal of Peary, Patrick Henry, Frost and Irving middle schools. Richard retired from the District on July 1, 2009, and passed away on January 9, 2013. Services were private. Donations in Richard's name can be made to the American Cancer Society.

ROBERT E. BAINES—Former Director of Instruction, Director of Instructional Services, Administrative Consultant of Student Integration and principal of Hammel and Ford Boulevard elementary schools. Robert retired from the District in June 1984 and passed away January 25, 2013. Services were private. A donation in memory of Robert Baines has been made to the Friends of AALA Scholarship Fund.

MARY LUISE GRADY—Former principal of Virginia Road and Rosewood Avenue elementary schools and assistant principal of President Avenue and Fries Avenue elementary schools. Mary retired from the District on June 29, 1984, and passed away on December 29, 2012.

DAVID NELSON—Former principal of Lillian Street, One Hundred Sixteenth Street and Leapwood Avenue elementary schools and assistant principal of Liberty Boulevard and Miles Avenue elementary schools. David retired from the District on July 1, 1999, and passed away on January 19, 2013.

Associated Administrators of Los Angeles

CALENDAR

EVENT	DATE	CONTACT
Required Posting of <i>Annual Summary of Work-Related Injuries and Illnesses</i> (Cal/OSHA Form 300A)	February 1 – April 30, 2013	www.lausd-oehs.org/OSHAform300.asp
National African-American History Month	February 1 – 28, 2013	
APACS Meeting at Friedman OC	February 1, 2013 8:00 a.m.	Cynthia Oliva , coliva@lausd.net or 310.577.4230
Academic Decathlon at Roybal LC	February 2, 2013	Cliff Ker , 213.241.3503 or cliff.ker@lausd.net
Unit J Job Stewards Announced	February 4, 2013	Gema Pivaral , 213.484.2226 or gpivaral@aala.us
Retirement Planning Focus Group at AALA Offices	February 4, 2013 5:00 – 7:00 p.m.	Cathy Vacca , 213.484.2226 or cvacca@aala.us .
SEPO Meeting at Wilshire Crest ES	February 6, 2013 8:00 a.m.	Michael Terry , mterry@lausd.net
MSPO Meeting at Bret Harte MS	February 6, 2013 8:00 a.m.	Ann Allocca , aallocca@lausd.net
CalSTRS Pre-Retirement Workshop at Caroldale Ave. ES Auditorium	February 6, 2013 4:00 p.m.	Maria Voigt , 213.241.6365
Museum of Tolerance Open House	February 6, 2013 6:00 - 8:00 p.m.	Zachary Albert , 321.456.5058 or zachary@lamothe.org
Deadline to Register for Master Schedule Institute	February 6, 2013	Judy Radeke or Donna Alderman , 310.243.3524
CalSTRS Pre-Retirement Workshop at Gardena ES Auditorium	February 7, 2013 4:00 p.m.	Maria Voigt , 213.241.6365
Academic Decathlon Awards Ceremony at Hollywood HS	February 8, 2013	Cliff Ker , 213.241.3503 or cliff.ker@lausd.net
Administrative Interest Groups Meeting at AALA Offices	February 12, 2013 7:30 a.m.	Gema Pivaral , gpivaral@aala.us
ASPO Meeting at Beaudry Bldg., 18 th Floor, Room 124	February 13, 2013 8:00 a.m.	Donna Brashear , donna.brashear@lausde.net
Dinner Reception for Steve Zimmer at Empress Pavilion	February 13, 2013 5:00 – 7:00 p.m.	rsvp@nikoconsulting.com or 818.715.1128
EAPo Meeting at Wilshire United Methodist Church	February 14, 2013 8:00 a.m.	Sylvester Harris , sylvester.harris@lausd.net
CalSTRS Pre-Retirement Workshop at West Hollywood ES Auditorium	February 14, 2013 4:00 p.m.	Maria Voigt , 213.241.6365
EPO Meeting at Pickwick Gardens, Burbank	February 15, 2013 8:00 a.m.	Tracie Bryant , tholden@lausd.net
Presidents' Day – AALA Offices Closed	February 18, 2013	

**MASTER SCHEDULE INSTITUTE
FOR SECONDARY SCHOOL ADMINISTRATORS**

California State University, Dominguez Hills, LAUSD and AALA invite you to apply for an excellent professional development opportunity, the Master Schedule Institute, in which you will learn how to build a master program specifically designed for high school and/or middle school under the direction of an experienced assistant principal. The Institute is a hybrid series of classes, held on Wednesdays, beginning February 13, 2013, consisting of five face-to-face course sessions and four online sessions. Applications are currently being accepted through the deadline date of Wednesday, February 6, 2013. The cost is \$490 and categorical funds may be used.

- Questions? Contact: **Judy Radeke** or **Donna Alderman** at 310.243.3524.
- For details and application go to: <http://www.aala.us/docs/2013/01/csudh3.pdf>.

POSITIONS AVAILABLE

Minimum Qualifications: *Candidates are responsible for making sure all the District requirements have been met. Please do not contact AALA for information regarding positions; use the contact phone number provided in the announcement or visit http://teachinla.com/admin_vacancies/ for more detailed requirements for positions and employment updates.*

CERTIFICATED

PRINCIPAL, SECONDARY

Crenshaw High School (ISIC), MST 45G, E Basis. For information and application procedures go to http://teachinla.com/admin_vacancies or call **George Bartleson**, Director, at 213.241.7000. Filing deadline is 5:00 p.m., Wednesday, February 13, 2013.

COORDINATOR, MAGNET PROGRAMS

Student Integration Services, MST 42G, Temporary Adviser, E Basis. For information and application procedures go to http://teachinla.com/admin_vacancies. Filing deadline is Friday, February 8, 2013.

COORDINATOR, EXTENDED DAY PROGRAM OPERATIONS

Beyond the Bell Branch, MST 41G, Temporary Adviser, E Basis. For information and application procedures call **Tim Bower**, Administrator, at 213.241.7900. Filing deadline is Friday, February 15, 2013.

SPECIALIST, ADAPTED PHYSICAL EDUCATION

Division of Special Education, Related Services Department, MST 37G, Temporary Adviser, B Basis. For information and application procedures call **Cyndi Martinich**, Coordinator, at 213.241.6200. Filing deadline is 12:00 p.m., Friday, February 15, 2013.

PREVIOUSLY ANNOUNCED POSITIONS

CERTIFICATED POSITIONS	LOCATION	CONTACT	DEADLINE
<i>DIRECTOR, TEACHER PROFESSIONAL DEVELOPMENT AND SUPPORT PROGRAMS</i> MST 45G, A Basis	Talent Management Division	Sarah Figueroa , Program and Policy Development Adviser, 213.241.5474	5:00 p.m. Friday February 1, 2013
<i>SCHOOL LEADER GROWTH AND DEVELOPMENT COORDINATOR</i> MST 44G, A Basis	Talent Management Division	Sarah Figueroa , Program and Policy Development Adviser, 213.241.5474	5:00 p.m. Friday February 1, 2013
<i>PRINCIPAL ELEMENTARY</i> MST 41G, E Basis	Central Region Elementary School #20 (ESC East)	Chiae Byun-Kitayama , Instructional Director, cbyun1@lausd.net or 323.224.3100	5:00 p.m. Friday February 1, 2013
<i>ASSISTANT PRINCIPAL</i> MST 37G, B Basis	Marlton School for the Deaf and Hard of Hearing (Division of Special Education)	Sharyn Howell , Executive Director, sharyn.howell@lausd.net or 213.241.6701	5:00 p.m. Friday February 1, 2013
CLASSIFIED POSITIONS	LOCATION	CONTACT	DEADLINE
<i>PROGRAM & POLICY DEVELOPMENT COORDINATOR</i> \$88,900 - \$110,100, A Basis	Talent Management Division	For information about the position, please click here .	Until Filled
<i>PROGRAM & POLICY DEVELOPMENT SPECIALIST</i> \$72,000 - \$89,800, A Basis	Talent Management Division	For information about the position, please click here .	Until Filled