

UPDATE

www.aala.us

Week of March 4, 2019

AND THE CALIFORNIA DISTINGUISHED SCHOOL AWARDS GO TO...

Congratulations to the eight District secondary schools that have been selected as 2019 California Distinguished Schools. Schools are selected based on achieving exceptional student performance for two consecutive school years or closing the achievement gap between two school years as exemplified by their performance and progress on the state indicators, which include test scores, suspension rates, and graduation rates.

State Superintendent of Public Instruction **Tony Thurmond** announced the winners on Monday, February 25, and made the following statement, “I would like to commend these schools for fighting for a better future for our students, closing achievement gaps, and improving academic performance. Thanks to teachers, administrators, classified employees, and parents working together, these schools meet the needs of all of their students, provide high-quality educational experiences, and put kids on a pathway to great careers.”

Downtown Business Magnet was one of five schools singled out in the press release as an example of an awardee that had excellent teaching, learning, and collaboration, with highly successful school climate efforts ranging from real-time conflict resolution to positive behavior intervention.

The honorees retain their title for two years. Congratulations to the entire school communities of the following:

- ✧ Francisco Bravo Senior High Medical Magnet—**Luis López**, Principal; **Pedro Avalos**, Director
- ✧ Downtown Business Magnet—**Dr. Sarah Usmani**, Principal; **Zelendria Robinson**, Director
- ✧ James A. Garfield Senior High School—**Andres Favela**, Principal; **Pedro Avalos**, Director
- ✧ George Ellery Hale Charter Academy—**Christopher Perdigao**, Principal; **Remon Corley**, Director
- ✧ Linda Esperanza Marquez Senior High School Libra Academy—**Lisa Davis**, Principal; **Dr. Guillermina Jauregui**, Director
- ✧ Middle College High School—**Betty Washington**, Principal; **Juanita Rainey Woods**, Director
- ✧ Alfred B. Nobel Charter Middle School—**Derek Horowitz**, Principal; **Dr. Margaret Kim**, Director
- ✧ Sherman Oaks Center for Enriched Studies Magnet—**Martin Price**, Principal; **Kathleen McGrath**, Director

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AALA EXECUTIVE BOARD ELECTION RESULTS

The results of the election for positions on the AALA Executive Board are in! Congratulations to the new directors who will serve from 2019 – 2022:

- Unit J Director—**Dave Montes**, Complex Project Manager, M & O, Central 2
- Elementary Director—**Richard Guillen**, Principal, San Fernando Elementary School
- Secondary Director—**Luis Rodriguez-Cazares**, Principal, Roy Romer Middle School
- School Support Administrators Director—**MaryJane Lira-London**, Coordinator, Student Integration Services
- Adult Director—**Anna Madrid**, Principal, Maxine Waters Employment Preparation Center

GET OUT THE VOTE



With ten candidates and one write-in on the ballot, there is likely to be a runoff in the special election for Board Member to represent District 5. AALA member **Dr. Cynthia Gonzalez** and long-time educator **Jackie Goldberg** are our two endorsed candidates to serve the communities of Eagle Rock, Silverlake, Bell, Southgate, Echo Park, Glassel Park, Highland Park, Huntington Park, El Sereno, Vernon, a piece of Monterey Park, Atwater, Elysian Valley, City Terrace, and East Hollywood. You may not live in the district but who wins affects our lives as professional educators. If you know those who would respect your voice and follow your lead, please encourage

them to vote for our candidates in the primary on March 5, please encourage them to go to the polls.

Both the Gonzalez and Goldberg campaigns are seeking volunteers in these last few days before the election. Jackie Goldberg has two sites where volunteers are needed to canvass neighborhoods or work the phone banks: 464 Lucas Ave, Los Angeles, or 6927 Mayflower Avenue, Bell. Please go to www.jackiegoldberg.org for specific times and dates. Volunteers for Dr. Gonzalez are asked to visit <http://bit.ly/GonzalezforBoard> for details. To make a donation, go to www.drcynthiagonzalez.com.



HEALTH BENEFITS FAQs

HOW DOES THE USE OF ELECTRONICS IMPACT YOUNG CHILDREN?

Are children still engaged in lots of television viewing, in addition to viewing mobile devices?

Since 2011, studies show that children of all ages have slightly decreased their TV viewing time, mainly due to the accessibility of mobile devices. Use of mobile devices by children ages 0–8 years old has tripled since 2011 from 5 minutes per day, to 15 minutes in 2013, and tripled again to 48 minutes per day in 2017. For children ages 0–8 years old, 33% of all screen time is on a mobile device.

FAQs (Cont.)

We know a great deal about the effects of television based on our own observations and thousands of studies. TV replaces time spent in social interactions, with excessive viewing contributing to poor grades, sleep problems, obesity, behavior problems, and risky behaviors. TV programs are filled with stereotypes and models of aggressive and violent behaviors. Food ads for children promote unhealthy snack foods and drinks and have been linked to childhood obesity, which is currently at 22%. According to a Kaiser Family Foundation (KFF) study (2007), food advertisements by category were 34% for candy and snacks, 28% for cereal, 10% for fast food, 4% for dairy products, 1% for fruit juices, and 0% for fruits or vegetables.

Are there studies that show the combined effects of media, including TV and mobile devices, on child development?

The National Institutes of Health has implemented a \$300 million study on the effects of screen time on developing brains.

- Early findings show that children who spend 2 hours of screen time per day score lower on language and thinking tests and demonstrate social/emotional delays.
- Children with screen time greater than 7 hours per day showed physical changes to the brain—a premature thinning of the cortex that usually occurs later in a child’s development.

Does viewing screen media affect children’s sleep behaviors?

Yes. Electronics can disturb sleep through light and noise; they can provide a distraction that leads to delayed bed times. As more electronics are used in the bedroom at night, sleep time for children has decreased.

- National Sleep Foundation studies show that for every additional hour of television viewing, children slept on average seven fewer minutes per night, and for every additional hour of tablet usage, they slept sixteen fewer minutes.
- Children are having a harder time falling asleep.
- Infants exposed to media screens in the evening hours get less sleep at night than those with no night time screen exposure.

What are recommended guidelines on media use by children?

Here are a few recommendations from the American Academy of Pediatrics:

- **Limit digital media for your youngest family members.** Avoid digital media for toddlers younger than 18 to 24 months old, other than video chatting. For children 18 to 24 months of age, watch digital media with them because they learn from watching and talking with you.
- Limit screen use for preschool children, ages 2 to 5, to just 1 hour a day of high-quality programming. Coviewing is best when possible. Young children learn best when they are retaught in the real world what they just learned through a screen.
- **Create tech-free zones.** Keep family mealtimes, other family and social gatherings, and children's bedrooms screen-free. Turn off televisions not being watched—background TV noise can interfere with social interaction.

For more information from the American Academy of Pediatrics, click on [*Children and Media Tips*](#).

BASIS DATES FOR 2019-2020

Early last year, the District published the dates below as tentative for the 2019-2020 school year:

Basis	Begin Date	End Date
B	8/5/2019	6/22/2020
C	8/19/2019	6/15/2020
E	7/25/2019	6/30/2020

We are starting to receive many calls in the AALA office from members wanting to know if these dates are confirmed, so we made some inquiries and received this response from the District: *Payroll will work on creating, testing, and implementing the 2019-20 approved calendars in the system this month and complete it next month. The Tentative Dates flyer then will be available and published/finalized on the payroll website after March 29.*

Congratulations

A team from North Hollywood High School (**Ricardo Rosales**, Principal) has won the regional Science Bowl competition for the 20th time in the last 22 years. The Science Bowl, sponsored by L.A. Department of Water and Power, was held on Saturday, February 23, and is a nationwide academic competition that tests students’ knowledge in all areas of science and mathematics. NHHS is one of nine teams that will go on to represent Los Angeles at the National Science Bowl competition in Washington, D.C., April 25 – 29, 2019. Bravo Medical Magnet (**Luis López**, Principal), LACES (**Kimberly Lesure**, Principal), and Venice HS (**Gabriel Griego**, Principal) took second, third, and fourth place, respectively. Congratulations to them all!

**PRINCIPALS AND TEACHER STRIKES:
HOW DISTRICTS CAN MAKE THE JOB MORE MANAGEABLE**

Since the beginning of the year, teachers have already gone on strike in Los Angeles, Denver, West Virginia, and Oakland, Calif. In three of those strikes, principals were charged with running their buildings while teachers were out on the picket line. In Los Angeles, they were also expected to teach

STRIKES (Cont.)

classes while juggling their regular duties—a job that already keeps most principals occupied for more than 60 hours a week, on average.

The above is the beginning of an article published in *Education Week* on February 22, 2019, that covers the impact on principals who were charged with keeping schools open during teacher strikes, often with little to no guidance or support. AALA's own immediate past president, **Dr. Judith Perez**, was interviewed for the article and quoted extensively. She identifies actions the District could have taken to provide guidance to principals, such as tips on what to do in different situations and giving answers to frequently asked questions. Dr. Perez also suggests that principals should receive additional compensation for the extra work and additional hours they put in, saying that the compensation, while probably small, would be “a sign of respect and appreciation for those who dealt with extremely tough situations on behalf of the District for no thanks or appreciation.” To read the entire article, go to: https://blogs.edweek.org/edweek/District_Dossier/2019/02/teacher_strikes_principals_advice.html.

COMMISSION ON HUMAN RELATIONS, DIVERSITY AND EQUITY 2018-19 STUDENT LEADERSHIP AWARDS

The Los Angeles Unified School District Commission on Human Relations, Diversity, and Equity recognizes that there are many extraordinary leaders in our schools. Passionate student groups are making positive contributions toward creating safe, respectful, and healthy campus learning environments for all members of the school community. For the last several years, the Commission on Human Relations, Diversity, and Equity has recognized senior high schools that have exemplary student-led efforts that enhance the culture and climate to promote positive human relations. These campaigns resulted in:

- Students feeling safe and in a nurturing and healthy place to learn.
- Students participating in programs or events that promoted mutual respect and open communication.
- Students promoting school unity through celebration of differences.

The commission wishes to identify exemplary high school programs for the 2018-19 school year. We are looking for student-led programs, campaigns, or events designed to celebrate or promote inclusive and affirming campuses. We invite you to consider nominating your school's outstanding program(s) for consideration for this prestigious award. **Nominations are due by April 1, 2019.** Nominees will be interviewed by a commission member. An independent panel of judges will make the final decision. Please click [HERE](#) for the nomination form. For additional information, contact **Dr. Judy Chiasson** at 213.241.8719 or judy.chiasson@lausd.net.

WOMEN IN LEADERSHIP SUMMIT

Have you registered yet for the 3rd Annual Women in Leadership Summit? Please see the flyer for ACSA Region 16's Summit – Resilient Leadership on Page 11. Following are a few reasons why this is THE place to be on March 23, 2019.

SUMMIT (Cont.)

1. Keynote speaker is **Dr. Margaret Wheatley**, author of *Who Do We Choose To Be?*
2. Outstanding breakout sessions, including:
 - a) **Darcy Totten** (State ACSA)—Building Your Digital Leadership Presence
 - b) Higher Ed Panel: CSU, UC, and private institution professors discuss educational programs, adjunct positions, and/or making the leap
 - c) **Wes Smith** facilitates as a local board member, state board member, and ACSA president-elect look at ways to find your advocacy voice
3. Networking luncheon
4. Limited slots available to have an individual consultation on your resume, cover letter, and mock interview
5. Conveniently located near the intersection of the 10 and 5 freeways

TIME TO SPRING FORWARD

Daylight saving time (DST) begins at 2:00 a.m. on Sunday, March 10, 2019. At that time, residents of California and most of the other states will move their clocks forward one hour. However, last fall, California voters approved a measure allowing the state to make daylight saving time year-round, instead of only from early March to early November. But, for this to happen, the California legislature must approve it by a two-thirds vote, and then the U.S. Congress would have to allow the deviation. Until this occurs, Californians will have to continue to *fall back* and *spring forward*. Hawaii, most of Arizona, and the territories of American Samoa, Guam, the Minor Outlying Islands, the Northern Mariana Islands, Puerto Rico, and the U.S. Virgin Islands do not observe DST.



ARE YOU A WEEKEND WARRIOR?

Because exercise is a strong antidote to the dangers of stress-filled occupations, we often advise administrators to be sure they have a regular routine. However, given the demands on our time, it is often difficult to exercise every day and many become weekend warriors. Team Heal partners with LAUSD to provide supplemental athletic services, including certified trainers, at selected District high schools. They have provided us with some sports tips for weekend warriors in the form of simple stretches that can make a difference in how we feel. Please click [HERE](#) to view.

L.A. COUNTY OFFICE OF EDUCATION NEEDS JUDGES FOR HISTORY DAY L.A.

History Day L.A. encourages students to prepare posters, exhibits, papers, web sites, performances, and documentary presentations on a historical theme. Winners from all categories are invited to compete at the state level; state winners proceed to compete at the Kenneth E. Behring National History Day

Associated Administrators of Los Angeles

JUDGES (Cont.)

Contest at the University of Maryland, College Park. LACOE is seeking adults to serve as judges for the local competition on March 9, 2019, at San Gabriel High School. Training is provided. For more information, please go to <http://bit.ly/HDLA2019Judge>.

STATEWIDE FUNDING FOR TECHNOLOGY

The Santa Clara County Office of Education is asking administrators statewide to give their input on services needed to enable planning, staff development, effective applications of technology, and secure increased funding by participating in a brief survey. Please follow this link to the survey: http://www.surveymonkey.com/r/TICAL_Survey. The information will not be given to any vendors or noneducational organizations. Results of this survey will be posted at www.tical.org in the near future. Since the elimination of state funding for statewide and regional educational technology support, the Santa Cruz County Office of Education has continued to fund the previously state-supported TICAL Project. TICAL is a unique professional development program with the mission of helping K-12 school administrators provide informed and effective leadership in the use of technology to improve education.

IN MEMORIAM

DR. WILLIAM JOHNSTON—Services for Dr. Johnston will be held on Tuesday, March 5, 2019, at 11:30 a.m., at Green Hills Chapel, Green Hills Memorial Park, 27501 S. Western Avenue, Rancho Palos Verdes. Dr. Johnston served as Superintendent of LAUSD from 1971 - 1981 and was responsible for securing lifetime health benefits for employees.

CALENDAR

EVENT	DATE	CONTACT
MARCH IS AMERICAN RED CROSS, ARTS EDUCATION, MULTIPLE SCLEROSIS AWARENESS, MUSIC IN OUR SCHOOLS, MIDDLE LEVEL EDUCATION, NUTRITION, SOCIAL WORK, AND WOMEN'S HISTORY MONTH		
READ ACROSS AMERICA DAY	March 2, 2019	
Deadline for ESY Administrator Applications	March 4, 2019	https://summer.lausd.net
AALA Executive Board Meeting	March 4, 2019 4:30 p.m.	Javier Melendez, 213.484.2226
WEEK OF THE SCHOOL ADMINISTRATOR	March 5 – 9, 2019	
SPECIAL ELECTION FOR LAUSD BOARD DISTRICT 5	March 5, 2019	

Associated Administrators of Los Angeles

EVENT	DATE	CONTACT
Middle School Principals' Meeting at Pio Pico MS	March 6, 2019 7:30 a.m. – 12:00 p.m.	Dr. L. Gail Garrett , 323.541.1800 or lgarrett@lausd.net
Pilot School Principals' Meeting at Baldwin Hills ES	March 6, 2019 7:30 a.m. – 12:00 p.m.	Paul Hirsch , 323.817.6461 or paul.hirsch@lausd.net
Special Education Principals' Meeting at Beaudry 17-117	March 7, 2019 8:00 a.m. – 4:30 p.m.	Melissa Winters , 213.749.8310 or mrw4766@lausd.net
AAPA PD – Latest Updates on 2019-2020 Budget Development at Castelar ES	March 7, 2019 5:30 p.m. – 7:30 p.m.	Cathy Tomyoy , 213.241.6990 or cathy.tomyoy@lausd.net
INTERNATIONAL WOMEN'S DAY	March 8, 2019	
Deadline for CMAA Scholarships	March 8, 2019	Lorraine Torres , 310.834.6431 or lorraine.torres@lausd.net
Adult School Principals' Meeting at East L. A. Skills Center	March 8, 2019 8:00 a.m. – 3:00 p.m.	
Social Emotional Learning Professional Development at Sellery Learning Center	March 9, 2019 8:00 a.m. – 3:00 p.m.	Holly Clark , 213.241.5333 or hhc1820@lausd.net
DAYLIGHT SAVING TIME BEGINS	March 10, 2019 2:00 a.m.	
CalSTRS Workshop at Sheridan Street ES, Auditorium	March 14, 2019 4:00 p.m. – 5:30 p.m.	Maria Voigt , 213.241.6365 or Register HERE
ACSA Region 16 Spring Social at San Antonio Winery	March 14, 2019 5:00 p.m. – 8:00 p.m.	Michael Payne , 818.416.2902 or michael.payne@lausd.net
Step Up Forum at Perez Career and Transition Center	March 16, 2019 8:00 a.m. – 12:30 p.m.	213.241.4571
Social Emotional Learning Professional Development at Euclid Avenue ES	March 16, 2019 8:00 a.m. – 3:00 p.m.	Holly Clark , 213.241.5333 or hhc1820@lausd.net
ACSA-R L.A. Conservancy Broadway Theatre Tour	March 16, 2019 10:00 a.m.	Click HERE
Senior High School Options Principals' Meeting at Newmark-Belmont Complex	March 21, 2019 8:00 a.m. – 11:30 a.m.	Victorio Gutierrez , 323.569.7140 or vgutie1@lausd.net
CalSTRS Workshop at Eagle Rock HS, Student Dining Room	March 21, 2019 4:00 p.m. – 5:30 p.m.	Maria Voigt , 213.241.6365 or Register HERE
Women In Leadership Summit at Garfield High School	March 23, 2019 8:00 a.m. – 2:00 p.m.	Frances Baez , frances.baez@lausd.net
COBA General Membership Meeting at Crenshaw High School	March 27, 2019 5:30 p.m. – 7:30 p.m.	Josephine Ruffin , 323.296.2040 josephineruffin@sbcglobal.net
APSCO Meeting at Local District East (Required)	March 28, 2019 8:00 a.m. – 11:30 a.m.	Karen Fattal , 818.505.2225 or kfattal@lausd.net

Associated Administrators of Los Angeles

EVENT	DATE	CONTACT
<i>Social Emotional Learning Professional Development</i> at Strathern ES	March 30, 2019 8:00 a.m. – 3:00 p.m.	Holly Clark , 213.241.5333 or hhc1820@lausd.net
CESAR CHAVEZ BIRTHDAY OBSERVED	April 1, 2019	
Middle School Principals' Meeting at TBD	April 3, 2019 7:30 a.m. – 12:00 p.m.	Dr. L. Gail Garrett , 323.541.1800 or lgarrett@lausd.net

POSITIONS AVAILABLE

***Note to Applicants:** Please be advised that you are responsible for making sure all the District requirements have been met. Do not contact AALA for information regarding positions; for detailed requirements for positions and employment updates use the contact phone number provided in the announcement or visit the District website at <http://www.lausdjobs.org> (classified) or <http://achieve.lausd.net/Page/1125> (certificated). Employees who change basis during the school year may not earn a full year of service credit and annualized employees who change their basis during the year may sustain an annualized settlement.*

CERTIFICATED

PRINCIPAL, K-12

Magnet for Arts and Sciences at Sonia Sotomayor Academy, Local District Central, MST 44G, E Basis. For more information, contact **Dr. Elizabeth Bernal**, Director, at 213.241.0118. Application deadline is 5:00 p.m., Wednesday, March 13, 2019.

COORDINATOR

Health and Physical Education Programs, Division of Instruction, MST 41G, School Support Administrator, E Basis. For more information, contact **Kristina Flowers** at kristina.flowers@lausd.net. Application deadline is 5:00 p.m., Wednesday, March 13, 2019.

ASSISTANT PRINCIPAL, SECONDARY

Cortines School of Visual and Performing Arts, Local District Central, MST 40G, B Basis. For more information, contact **Zelendria Robinson**, Director, at 213.241.0126. Application deadline is 5:00 p.m., Wednesday, March 13, 2019.

SPECIALIST

Early Development Instrument Kindergarten Readiness Grant, Division of Instruction, MST 38G, School Support Administrator, B Basis, four positions. For more information, contact **Kristina Flowers** at kristina.flowers@lausd.net. Application deadline is 5:00 p.m., Wednesday, March 13, 2019.

SPECIALIST, INSTRUCTIONAL LEADERSHIP SUPPORT

Instructional Technology Initiative, Division of Instruction, MST 38G, School Support Administrator, A Basis. For more information, contact **Aurora Gomez** at aurora.gomez@lausd.net. Application deadline is 5:00 p.m., Friday, March 8, 2019.

Associated Administrators of Los Angeles

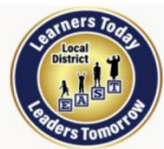
CERTIFICATED (Cont.)

SPECIALIST, ELEMENTARY DUAL LANGUAGE PROGRAMS

Multilingual and Multicultural Education Department, Division of Instruction, MST 38G, School Support Administrator, E Basis. For more information, contact **Franz Foldvary** at franz.foldvary@lausd.net. Application deadline is 5:00 p.m., Wednesday, March 6, 2019.

PREVIOUSLY ANNOUNCED POSITIONS

CERTIFICATED POSITIONS	LOCATION	CONTACT	DEADLINE
<i>ASSISTANT PRINCIPAL, SECONDARY</i> MST 38G, B Basis	Central HS and Tri-C CDS, Local District Central	Zelendria Robinson, Director, 213.241.0126	5:00 p.m. Wednesday March 6, 2019
CLASSIFIED POSITIONS	LOCATION	CONTACT	DEADLINE
<i>ASSISTANT BUDGET DIRECTOR</i> \$105,744 - \$130,920, 12-month position	Budget Serv. Branch, Budget Services and Fin. Planning Division	Click HERE	Wednesday March 13, 2019
<i>FACILITIES ASSET DEVELOPMENT DIRECTOR</i> \$133,000 - \$165,000, 12-month position	Facilities Services Division	Click HERE	<u>EXTENDED</u> Thursday March 14, 2019
<i>CONSTRUCTION MANAGER</i> \$124,600 - \$155,000, 12-month position	Project Execution Branch, FSD	Click HERE	When Filled
<i>DEPUTY INSPECTOR GENERAL</i> \$118,135 - \$146,887, 12-month position	Investigations Office, Office of the Inspector General	Click HERE	When Filled
<i>RESIDENT CONSTRUCTION ENGINEER</i> \$107,000 - \$132,500, 12-month position	Facilities Project Execution Branch, FSD	Click HERE	When Filled
<i>ORACLE DEVELOPER</i> \$99,500 - \$123,500, 12-month position	Information Technology Division	Click HERE	When Filled
<i>PROGRAM SCHEDULER</i> \$87,099 - \$108,064, 12-month position	Facilities Services Division	Click HERE	When Filled
<i>PLUMBING INSPECTOR</i> \$79,800, 12-month position	Inspection Department, FSD	Click HERE	When Filled



ACSA Region 16 and Local District East invite you

REGISTER NOW!



**KEYNOTE SPEAKER
DR. MARGARET WHEATLEY**

Author

*Who Do We Choose To Be? Facing Reality, Claiming
Leadership, Restoring Sanity*

**3rd Annual WOMEN IN LEADERSHIP Summit
“Resilient Leadership”**

Garfield HS

MARCH 23, 2019

Breakout Sessions include:

- ❖ **Higher Education Panel: Educational programs, Adjunct Positions and Making the Leap**
- ❖ **Building Your Digital Leadership Presence: The Power and Pitfalls of Social Media**
- ❖ **Elementary Women’s Perceptions of Work/Life Balance**
- ❖ **Exploring Internal Barriers in Our Leadership**
- ❖ **Advocacy Panel: Finding Your Voice**
- ❖ **Improvement Science in Action**
- ❖ **Individual Resume and Interview Consultations**
- ❖ **The 4 Roles of Great Leaders**
- ❖ **Self-Care and Mindfulness**
- ❖ **Overcome Imposter Syndrome**

**Prescheduled, First Come, First Serve
(Email to be sent March 11 to registered participants)**

**Continental breakfast during registration
beginning at 7:30 a.m.**

**Networking luncheon following workshops at
12:30 p.m. *Bring Your Business Cards***

Registration:

<http://bit.ly/2MBIsbm>